



## **Somos la Llave del Futuro, Inc.**

**Building leadership in immigrant communities**  
[www.somoslallave.org](http://www.somoslallave.org)

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Press Release

### **Somos la Llave del Futuro receives grant for strategic planning & networking retreat**

#### ***Omega Plays Leading Role in Helping Nonprofits Leverage Impact***

RHINEBECK, NY – According to the [Nonprofit Finance Fund's annual survey](#) of more than 1,900 nonprofit leaders in markets nationwide, there is a rising demand for nonprofit safety net services and a lack of adequate resources to meet the needs of society's most vulnerable. It is against this backdrop that [Omega Institute](#) today announced that, for the 7th year in a row, it will award grants to 27 nonprofit peers, allowing them to attend Service Week, a one of a kind, free strategic planning and networking retreat on Omega's 195-acre Rhinebeck campus.

“For nonprofits to survive in this economy, we have to collaborate and leverage our resources and networks. In the face of scarce resources, strategic planning and networking are often the first things to go,” said Carla Goldstein, chief external affairs officer and director of the Women's Institute at Omega. “At Omega we are committed to helping preserve the nonprofit safety net, which is threatened by continual underfunding and increased need. Our grants recognize the power of collaboration and allow organizations to come together for the greater good.”

During Service Week 2011, May 30–June 3, nonprofits representing a broad spectrum of local, statewide, national, and global issues, will attend two-day, two-night organizational retreats that include free room and board, a private meeting space, and use of all the facilities at Omega. Service Week is funded in part by a grant from the Dyson Foundation, and all grantees are offered a consultation with Omega's partner, the New York Council of Nonprofits, at an on-site Nonprofit Wellness Clinic.

Grantee organizations can utilize the time to develop strategic plans, cultivate relationships among their board members and with other nonprofits on campus, re-engage with their mission statement, deepen staff cooperation, and enjoy some much needed peace and relaxation. This is a wonderful opportunity for SLF to reconnect among board members and develop a strategic plan for our organization” said Gabriela Pragman SLF's Executive Director.

Omega is pleased to award 2011 Omega Service Week retreat grants to the following organizations, which are actively engaged in creating a more compassionate and sustainable world:

2020: Project Women  
Artists Striving to End Poverty

Children's Law Center  
Children of Promise, NYC  
Civil Liberties & Public Policy Program  
Cornell Cooperative Extension of Dutchess County  
Cornell Cooperative Extension of Ulster County  
Dutchess County Community Action Agency  
Girls Inc. of NYC  
Grace Smith House  
Literacy Connections  
Mind Builders Creative Arts Center  
Ms. Foundation for Women  
National Asian Pacific American Women's Forum  
Network Support Services  
New York City Community Garden Coalition  
Paley Center for Media  
Pathfinder International  
RightRides for Women's Safety  
Sex Workers Project at the Urban Justice Center  
Somos la Llave del Futuro  
Sustainable Hudson Valley  
Teen Voices  
Urban Atabex  
Women for Women International  
Women Make Movies  
Women's Venture Fund

### **About Omega Institute for Holistic Studies**

*Founded in 1977, Omega Institute for Holistic Studies is the nation's most trusted source for wellness and personal growth. As a nonprofit organization, Omega offers diverse and innovative educational experiences that inspire an integrated approach to personal and social change. Located on 195 acres in the beautiful Hudson Valley, Omega welcomes more than 23,000 people to its workshops, conferences, and retreats in Rhinebeck, New York, and at exceptional locations around the world. eOmega.org*